

# Squashed Eggs

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## *Ingredients:*

Servings: 3

- ground breakfast sausage
- 6 lg eggs
- 1 cup chopped onions
- 1 cup red/green peppers
- 1 sliced yellow squash
- 1 clove of garlic, minced
- pinch of salt
- pinch of pepper
- ¼ cup heavy whipping cream
- 1 cup Mexican Blend shredded cheese
- ¼ cup Pain Train Salsa



## *Directions:*

1. Preheat oven to 350F
2. Sauté chopped onions, peppers, minced garlic and yellow squash in butter
3. Add ground sausage and brown
4. Place above ingredients in lightly greased 2 qt casserole dish
5. Whisk eggs and cream till frothy, 2-3 minutes
6. Pour eggs over squash mixture
7. Sprinkle with your favorite shredded cheese
8. Bake at 350 for 22 - 25 minutes.
9. Top with Pain Train Salsa and serve.

Recipe Courtesy of: Doyle O. Welborn